

Restraint and Isolation

Board Report
January 19, 2021

Restraint and Isolation

- ▶ RCW 28A.600.485 (3)(b)
 - ▶ Restraint or isolation of any student is permitted only when reasonably necessary to control spontaneous behavior that poses **an imminent likelihood of serious harm**[.] Restraint or isolation must be closely monitored to prevent harm to the student, and must be discontinued as soon as the likelihood of serious harm has **dissipated**. Each school district shall adopt a policy providing for the least amount of restraint or isolation appropriate to protect the safety of students and staff under such circumstances.

Restraint

- ▶ RCW 28A.600.485 & WAC 392-172A-01162
 - ▶ Physical intervention or force used to control a student, including the use of a restraint device to restrict a student's freedom of movement. It does not include appropriate use of a prescribed medical, orthopedic, or therapeutic device when used as intended, such as to achieve proper body position, balance, or alignment, or to permit a student to participate in activities safely.

Isolation

- ▶ RCW 28A.600.485 & WAC 392-172A-01107
 - ▶ Restricting the student alone within a room or any other form of enclosure, from which the student may not leave. It does not include a student's voluntary use of a quiet space for self-calming, or temporary removal of a student from his or her regular instructional area to an unlocked area for purposes of carrying out an appropriate positive behavior intervention plan.

Imminent Likelihood of Serious Harm

- ▶ RCW 70.96B.010 (22)
 - ▶ "Imminent" means the state or condition of being likely to occur at any moment or hand, rather than distant or remote.
- ▶ RCW 28A.600.485 and WAC 392-172A-01109 Likelihood of serious harm as def RCW 70.96B.010 means:
 - ▶ (1) A substantial risk that:
 - ▶ (a) Physical harm will be inflicted by a person upon his or her own person, as evidenced by attempts to commit suicide, or inflict physical harm on oneself;
 - ▶ (b) Physical harm will be inflicted by a person upon another, as evidenced by behavior that has caused such harm or that places another person or persons in reasonable fear of sustaining or receiving such harm; or
 - ▶ (c) Physical harm will be inflicted by a person upon the property of others, as evidenced by behavior that has caused substantial loss or damage to the property of others; or
 - ▶ (2) The person has threatened the physical safety of another and has a history of committing violent acts.

Scenarios - typical

- ▶ Hitting staff and other students
- ▶ Hurting or endangering self

Scenarios – are they restraint/isolation?

- ▶ Student out of control... classroom is cleared... student tries to leave.
- ▶ Student on playground and refuses to leave...
- ▶ Parent tells the IEP team it's ok to put the student in the buckle chair when she's naughty...
- ▶ Special ed student has been disrupting his math class on a daily basis, the Principal moves him to a separate room to work with a para...
- ▶ Really bad day... student has been restrained four times previously actively hitting and threatens to hit another student across the room...

Stanwood-Camano

School year	Isolation incidents	# of students	Restraint incidents	# of students
2016-2017	67	8	9	3
2017-2018	88	9	38	8
2018-2019	124	11	224	11
2019-2020	64*	4	237*	14

*one student was involved in 170 of these incidents

Why the increase?

- ▶ Education
- ▶ Small number of students with high number of incidents
- ▶ Keeping kids in the community
- ▶ Building behavior programs

Documentation

- ▶ Behaviors and Interventions
- ▶ Description
- ▶ Recommendations
- ▶ Injuries
- ▶ Who makes contact?